

Waterfront Neighbourhood Centre

Seniors Information & Active Living Fair

Friday September 21, 2018

10:00 am - 3:00 pm

Join us for an engaging, **FREE** day filled with health clinics, informative workshops, active living demonstrations & healthy food. Learn about services & resources from 15+ organizations serving seniors in Toronto!



For more information & to RSVP, please contact Elizabeth:
elizabeth@waterfrontnc.ca | 416.392.1509 ext 327



This event is being hosted by Waterfront Neighbourhood Centre in partnership with the Older Adult Centres' Association of Ontario and sponsored by the Ministry for Seniors and Accessibility.

627 Queens Quay West & Bathurst St. Toronto, ON M5V 3G3